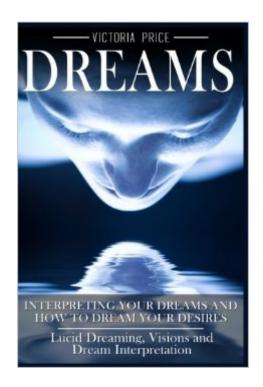
The book was found

Dreams: Interpreting Your Dreams And How To Dream Your Desires-Lucid Dreaming, Visions And Dream Interpretation





Synopsis

Have You Ever Wondered What Your Dreams Mean? Do you want to learn how to dream what you want? Are you interested in lucid dreaming? Are you curious about your dreams? These effective tips and strategies will decipher what the true meaning of your dreams are . You'll finally get clarity and understanding to why you dream the way you dream and how to change it!.

Book Information

Paperback: 174 pages Publisher: CreateSpace Independent Publishing Platform (August 4, 2016) Language: English ISBN-10: 1536894079 ISBN-13: 978-1536894073 Product Dimensions: 6 x 0.4 x 9 inches Shipping Weight: 11.4 ounces (View shipping rates and policies) Average Customer Review: 4.6 out of 5 stars Â See all reviews (121 customer reviews) Best Sellers Rank: #338,993 in Books (See Top 100 in Books) #274 in Books > Health, Fitness & Dieting > Mental Health > Dreams #12481 in Books > Religion & Spirituality > New Age & Spirituality #30478 in Books > Self-Help

Customer Reviews

This book is written in a simple to understand way that is why I want to leave a review on this book. The topic discussed in this book is not an easy one but the book is capable enough to manages distinguishing between the scientific and the metaphysical sides of the dream coin. I got huge information why we actually do sleep, why and how we dream and related topics. I like to be obsessed with interpreting my dreams and I think lâ [™]ve bought every book out there. Every aspect of dreaming from understanding dreams to interpreting them in a very concise, straightforward way has been covered here in this book.

This book will help you to get a deeper understanding of what dreams are, how they are formed and how you can be benefited from them. This book contained in proven steps and strategies on how to know all about your dreams must help you to achieve greater success. It is designed as a complete dreams guide to help you with gaining better comprehension of your dreams, so that, you can understand the messages left by your dreams and make the right decisions and also reach your full potential.

This book is pretty simple it proved to be very helpful. This book explains everything needed to know to interpret dreams very well. It also provides with a guideline to train or set your mind to dream about things you would like to see. I noticed that our dreams are always connected to our real experiences. By analyzing its meaning you can actually find out what aspect of your real life is causing and what do they mean, and you may find an answer to it. It is good to know about the dream. This book provides it in a detailed and easy way and it is enough.

Victoria Price has attempted to give some answers to the mysteries involved in dreams. People have for long been experiencing the phenomenon of virtual reality known as dreams. A lot of persons spend time wondering about their dreams and looking for answers as to the many questions that pop up as regards dreams. Some of those questions are as follows; what are dreams and why do we experience them? Do we have similar or different dreams? Are dreams random or there's a cause? Do the meaning of the dreams follow accordingly or the reverse is the case? These and so much more are addressed within this book.

There is no explanation of my dreams, at least, I was unable to find out until I read this book. This book helps me understanding dreams by taking out human psychology to the way we dream. It also teaches how to analyze dreams so that waking up I can try to break them down and understand how I am feeling or were feeling and how it leads into the dreams I have. I would recommend this to anyone who has lucid dreams and curious to their dreams meaning.

Interesting and amazing topic to read. This book is pretty simple but it explains everything needed to know about dreaming. It will guide you how to interpret your dreams and also how to train or set mind to dream you desire. Our dreams are always connected to our real experiences and most of the people are interested its meaning. By knowing its meaning it is possible to find out what aspect or situation of your real life is causing you to have these dreams. This book provides enough on it through a detailed and easy way.

I have always been wondering why people dream and if this dream has any significance on our life. It says here that dreams may be a part of our emotions where our mind release what we have been hiding when we are in the state of meditation and our body and muscles are more relax which I guess is little bit true. But it's not only about that. This books says more about dreams that we have never think of before. But what's more interesting are its interpretation. I have always wanted to understand what I have been dreaming as I believe it has something to with what's going on with me and what might happen in the future.

Although dreams are a very important part of my life but I could never understand my dreams. This book really opened my eyes by giving me a guideline to control and understand my dreams. Understanding dreams can bring a new meaning in life and this book gives easy steps to discover the meaning of my dreams and the ways of dreaming what I want and also interpreting dreams. I got this book as an easy to read and very easy to follow the guideline.

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